

COUPE DE FRANCE ADULTES

COMPÉTITION OUVERTE À L'INTERNATIONAL

PATINOIRE D'AVIGNON

8 ET 9 AVRIL 2023

OUVERTURE À 8H30

ENTRÉE LIBRE ET RESTAURATION SUR PLACE POSSIBLE



CAPA 84 – Patinoire d'Avignon - 2483, chemin de l'Amandier – 84000 AVIGNON
Association N° W842005390 - Loi 1901 Siret : 804 337 046 00028 – APE : 8551Z
Email : patinage.capa84@gmail.com Site : www.capa84.com Tél : 06 13 51 87 18



**CSN
PATINAGE
ARTISTIQUE**

**La Patinoire
Avignon**
Bar - Restaurant - Snack

AVIGNON
Ville d'exception



BAR - SNACK - RESTO



**LIGUE
PROVENCE ALPES
CÔTE D'AZUR**

**ibis
STYLES**

INITI



COUPE DE FRANCE For Adult Skaters

Saturday April 8th and Sunday April 9th
2023

IN AVIGNON



LIGUE
PROVENCE ALPES
CÔTE D'AZUR



CSN
PATINAGE
ARTISTIQUE



Région
Provence
Alpes
Côte d'Azur



AVIGNON
Ville d'exception



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CLUB AVIGNONNAIS DE PATINAGE ARTISTIQUE

Club labellisé

DÉVELOPPEMENT
EN
PATINAGE ARTISTIQUE



INVITATION

Dear All,

The "CAPA 84" (Club Avignonnais de Patinage Artistique) has the pleasure to invite you to the Coupe de France for Adult Skaters which will take place on Saturday 08 and Sunday 09 April 2023 at "La Patinoire" in Avignon.
The club staff asks you to find below the rules and the conditions of registration.

Looking forward to seeing you,
Best regards from the club staff

CAPA84.

Main dates to remember:

- ❖ Deadline for entry by e-mail at competition.capa84@gmail.com: 5th March 2023
- ❖ Deadline for the payment by bank transfer: 27th March 2023
- ❖ Date for the draw and schedule of the competition: 5th April 2023
- ❖ Deadline for the planned program content forms to be sent by email at competition.capa84@gmail.com 30th March 2023 at midnight.
After this date, they will not be taken into account.
- ❖ Deadline to send your music in MP3 format: 1st April 2023
- ❖ Dates of the competition: Saturday 8th and Sunday 9th of April 2023

Categories:

- ❖ All categories from Steel to Masters categories
- ❖ All Age categories from Young Adults (YA) to Class. (The organisers reserve the right to combine age categories if the minimum number of participants per category is not reached.)
 - Category « Young Adults»: skaters born between 1st July 1994 and 30th June 2004
 - Category « I »: skaters born between 1st July 1984 and 30th June 1994
 - Category « II »: skaters born between 1st July 1974 and 30th June 1984
 - Category « III »: skaters born between 1st July 1964 and 30th June 1974
 - Category « IV »: skaters born between 1st July 1954 and 30th June 1964
 - Category « V »: skaters born on or before 30th June 1954
- ❖ « Free skating », « Artistic free skating » for individual and pair skaters.

Technical requirements:

The technical requirements of this Coupe de France for Adult Skaters are based on the current ISU technical requirements in English and for the Steel category on the technical requirements that you can find in the "technical French book" for the 2022/2023 season. It can be found on the following link for the French version:

<https://drive.google.com/file/d/1mWHjoG1ApfoeBRmdQHutnwkrp-oCeJs9/view>

The English version of the technical requirements for the Steel category will be translated from French and attached to the competition technical requirements. This competition is also open to foreign competitors.

The music will be sent to the following e-mail address: competition.capa84@gmail.com

MP3 files must be named like this: Program (*Free skating or Artistic free skating*)-Category - Sex - Last name, First name. If you compete in different categories, you can send your music through WeTransfer.

Terms of participation:

Skaters must have in their possession:

- Copy of the participant's proof of membership or license or approval of the Member Federation as proof of current membership of an ISU Member Federation.
- Their CD-R with their name, first name, category, timing in **audio** format only. (Backup)

Any other format is excluded, and the failure to play the music on another format will not be attributed to the organizing club.

Skaters must be present 45 minutes before the start of their category.

ATTENTION: The organisation keeps the right to be 30 minutes early.

How to register:

Entry fees in euros must be paid as follow:

- 60 euros for the first single event.
 - o 30 euros for the second single event.
- 80 euros for the first pair event.
 - o 40 euros for the second pair event.

The skaters will have to send the attached entry form with their bank transfer specifying the name and the number of programs, at the latest on March 5th 2023.

Bank details of the Club:

Club Avignonnais de Patinage artistique
IBAN : FR50 2004 1010 0826 1105 2P02 990
BIC : PSSTFRPPMAR

The entry fee will not be refunded in case of withdrawals for any reason.
Refunds will be made promptly if the competition is cancelled for health reasons related to COVID-19.

Practices:

The organisers are planning 45 minute training sessions for a maximum of 15 skaters with the possibility of skating to your own music (please provide on USB key). You will find the schedule attached.

The organiser may cancel or postpone a session if the minimum number of skaters is not reached.

Registrations can be made at the following e-mail address:

competition.capa84@gmail.com

Schedule of the practice sessions:

❖ Thursday 6th April 2023 :

- 09h45-10h30
- 10h30-11h15
- 11h30-12h15
- 12h15-14h00

❖ - Friday 7th April 2023 :

- 09h45-10h30
- 10h30-11h15
- 11h30-12h15
- 12h15-14h00

❖ Saturday 8th April 2023 :

- 06h-06h45
- 06h45-07h30
- 07h30-08h15
- 21h-21h45
- 21h45-22h30
- 22h30-23h15

❖ Sunday 9th April 2023 :

- 06h-06h45
- 06h45-07h30
- 07h30-08h15

45min = 12 €

1h30 = 20 €

Minimum 10 skaters

Maximum 15 skaters

Social events in addition to the competition:

Several social events will take place during the 4 days of the competition. There should be a welcome aperitif dinner, cultural visits, massage sessions, ... : this is still in preparation and you will be informed as soon as it is completed.

Useful information:

CONTACTS :

CAPA84 : (+33)6.13.48.69.41 / (+33)6.10.99.22.39

Email : patinage.capa84@gmail.com Website : www.capa84.com

HOW TO COME:

GPS data: 43.93003359999999 / 4.84777310000004

By car:

- Motorway : Exit at Avignon Sud and take the Avignon direction,
- Turn right at the Renault garage roundabout,
At 300m, (before the 2nd roundabout) entrance to the ice rink car park on the right.

By train:

- Station Avignon TGV : 15-30 min by car or public transport: Bus 30 (about 40 min)
- Station Avignon centre : 10-15 min by car or public transport: Tramway line 1 (27 min) or Bus 04 (27 min)

By plane:

- Marseille Provence Airport
- Then around 50 min / 1 hour by car

WHERE TO STAY:

Our partners :



Hôtel IBIS Styles Avignon Sud (150 m from the ice rink)
2968, avenue de l'Amandier
84140 AVIGNON
(+33)4 90 87 62 36



Hôtel IBIS Avignon Sud (200 m from the ice rink)
71 chemin de la Cristole
84140 AVIGNON
(+33)4 90 87 11 00

Hôtel Kyriad Avignon Cap Sud (100 m from the ice rink)
35 allée des Fenaisons
84140 AVIGNON
(+33)4 90 13 85 00

Health Protocol - COVID-19:

The governmental and prefectural health regulations valid on the day of the competition will be applied in the arena.

