



Planned Program Content

COUPE DE FRANCE for Adult Skaters 8th and 9th April 2023

Please submit a copy of this page for each event entered
For pairs events it is sufficient if one partner fills in the following form

Name _____
Event Entered _____
Age Category _____
Federation _____

ELEMENTS IN ORDER OF SKATING

1 _____
2 _____
3 _____
4 _____
5 _____
6 _____
7 _____
8 _____
9 _____
10 _____
11 _____
12 _____

Please send completed PPC form to: competition.capa84@gmail.com

Deadline for PPC Forms: 30th March 2023 at midnight

Please complete this form by computer and "print" to pdf

Or complete by hand in BLOCK CAPITALS